

BECOMING - BEING A PARENT FORM

PERSONAL QUESTIONS

1. What does being a mother/father mean in your experience?

2. What do you think are the skills/resources needed to be a mother/father?

3. How much support has the other parent given?

4. In your opinion, what is the greatest difficulty you have faced since you became a mother/father?

5. What were your concerns? (health problems, social exclusion, a world that is too difficult...)

6. Who has allowed you to change or move on, what factors helped you?

7. Who has hindered you most since the beginning of your role as a parent? By doing what?

8. When you think about your child's future, what worries you the most?

9. Have you already thought about what resources you could put in place to prevent your fears from being translated into reality?

10. Is there anyone you know that you can really count on today?
Someone who supports you in your task as a parent? If there is, by doing what?

11. Is there anyone in your social network who criticizes you, making you feel uncomfortable and inadequate as a parent? If there is, can you give me an example of criticism they made about you that particularly disturbs you?

12. Is there anyone in your social network with whom you often come into conflict (with whom you are angry even if you don't show it)? If so, can you give me an example of the type of conflict you have most frequently?

13. When you need to rest, relax, or replenish your energy, what do you generally do?
Can you give me two examples?

14. What activities would you like to do? Do you think it's possible for you to do them? Would it be a good idea?

15. Can you tell me two things that you and your child particularly like doing together, an activity that you both enjoy?

16. What is the best memory you have of time spent with your child?

Taken from "Sostenere la genitorialità. Strumenti per rinforzare le competenze educative" ("Supporting parenthood. Tools to reinforce educational Skills") from the Erikson series "The Materials", Italian edition edited by Paola Milani, Sara Serbati and Marco Ius - 2011

BECOMING - BEING A PARENT FORM

17. Now mirror yourself with your mother or father and try to fill out the following chart:

parenting skills	me	my mother/my father
Caregiving		
Consolation		
Encouraging autonomy		
Encouraging socialization		
Stimulating communication		
Listening		
Loving being with your child		
Communicating your affection		
Laughing and playing		
Encouraging practical activities		
Giving value		
Involving in daily activities		
Keeping calm		
Establishing boundaries		
Protecting		
Offering support in conflicts		
Helping with homework		
Participating in their school life		
Other things		

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QUESTIONNAIRE - FAMILY CARETAKING RESPONSIBILITIES

DATA FROM THE INTERVIEWEE AND OF THE COHABITANT CORE FAMILY

Interviewee's gender

- Male
 - Female
-

Civil status

- Single/Unmarried or free
 - Married
 - Separated in fact or legally
 - Divorced
 - Widow/Widower
-

Educational qualification

- None in Italy
 - Qualification obtained abroad, what?
 - Elementary school
 - Middle school
 - Professional Qualification
 - High school diploma
 - University/College degree
-

Composition of cohabitant core family

- As a couple with children
 - As a couple with children and others (specify _____)
 - Alone with children
 - Alone with children and with others
-

QUESTIONNAIRE - FAMILY CARETAKING RESPONSIBILITIES

AGE AND EMPLOYMENT STATUS OF THE FAMILY MEMBERS

	Age	Emploment status	
		Unemployed	Employed
		1 housewife/husband 2 student 3 retired from work 4 unable to work 5 looking for a job, unemployed 6 laid-off, in mobility	7 employee 8 self-employed (free-lance prof., artisan, PI, collaborator) 9 occasionally, irregularly (specify in the space below after the answer 9)
Interviewee		0 1 2 3 4 5 6	7 8 9 _____
Spouse/companion		0 1 2 3 4 5 6	7 8 9 _____
1 st child		0 1 2 3 4 5 6	7 8 9 _____
2 nd child		0 1 2 3 4 5 6	7 8 9 _____
3 rd child		0 1 2 3 4 5 6	7 8 9 _____
4 th child		0 1 2 3 4 5 6	7 8 9 _____
other		0 1 2 3 4 5 6	7 8 9 _____
other		0 1 2 3 4 5 6	7 8 9 _____
other		0 1 2 3 4 5 6	7 8 9 _____

How long have you lived in [insert municipality]?

- always
- < 1 year
- > 2 to 5 years
- > 6 to 10 years
- > 11 to 15 years
- > 16 years

In your spare time, do you participate in the activities of any associations or groups?

(parish, voluntary associations, cultural associations, political groups, school council, organizing committee of sports activities ...)

- Yes
- No

QUESTIONNAIRE - FAMILY CARETAKING RESPONSIBILITIES

WORK only for those who said they were employed occasionally or irregularly

What sector did you work in?

- Agriculture
 - Industry
 - Services
 - Handicrafts
 - Personal services
 - Other: _____
-

What was your weekly commitment on average? (expressed in hours)

- A few hours every day
 - A few hours on some days
 - More than 20 hours a week
-

How long did it take you to get to work?

- Less than 15'
- Between 15' and 30'
- Between 30' and 60'
- More than an hour

QUESTIONNAIRE - FAMILY CARETAKING RESPONSIBILITIES

FAMILY RESPONSIBILITIES you can mark various answers

In a TYPICAL WEEK, within your core family, who deals with

- a.** Interviewee **b.** Spouse, companion **c.** children **d.** Other cohabitants (specify)
e. Other non-cohabitants (specify)

	a.	b.	c.	d.	e.
Housekeeping (cleaning, ironing and laundry, sewing, ...)					
Meal preparation					
Purchases for the family (groceries, shopping)					
Relationship work (social relationships with kinship, friends)					
Maintenance					
Mediation with institutions (interviews and meetings with schools, local administrations, ...)					
Interconnection work (dealing with banks, mail bill payment)					
Gardening and pet care					
General organizational work					

QUESTIONNAIRE - FAMILY CARETAKING RESPONSIBILITIES

CHILD CARE

Now list a series of facilities for children and adolescents.
Can you tell me which them you use?

- a. Yes/No b. Where? c. Chosen for 1. Convenient time schedule 2. Near home
3. Quality of service 4. Lack of facilities in my neighbourhood

	a.		b.	d.
Nursery school/crèche	<input type="radio"/> Yes	<input type="radio"/> No		1 2 3 4
Nursery/daycare	<input type="radio"/> Yes	<input type="radio"/> No		1 2 3 4
Kindergarten	<input type="radio"/> Yes	<input type="radio"/> No		1 2 3 4
Afterschool activities	<input type="radio"/> Yes	<input type="radio"/> No		1 2 3 4
Day centre/social centre/oratory	<input type="radio"/> Yes	<input type="radio"/> No		1 2 3 4
Baby parking	<input type="radio"/> Yes	<input type="radio"/> No		1 2 3 4
Ludoteca/play centre	<input type="radio"/> Yes	<input type="radio"/> No		1 2 3 4
Neighbourhood centres	<input type="radio"/> Yes	<input type="radio"/> No		1 2 3 4
Summer centres	<input type="radio"/> Yes	<input type="radio"/> No		1 2 3 4
Other	<input type="radio"/> Yes	<input type="radio"/> No		1 2 3 4

QUESTIONNAIRE - FAMILY CARETAKING RESPONSIBILITIES

HOW IS THE CHILDCARE WORK DIVIDED IN THE FAMILY in a "typical" week?

You can mark various answers

- a.** Interviewee **b.** Spouse, companion **c.** Cohabitant family members (specify)
d. Other non-cohabitants **1.** Grandparents **2.** Baby-sitter **3.** Others (specifica)

	a.	b.	c.	d.
Personal hygiene (washing and dressing)				1 2 3 _____
Accompaniment to/from nursery school, school/ baby-sitter, grandparents				1 2 3 _____
Accompaniment to/from various activities (medical examinations, recreational activities, sports)				1 2 3 _____
Playing (recreational and leisure activities carried out with children)				1 2 3 _____
Shopping for necessities (clothing, school materials)				1 2 3 _____
Homework assistance				1 2 3 _____
Relationship with schools and recreational and sports facilities				1 2 3 _____

QUESTIONNAIRE - FAMILY CARETAKING RESPONSIBILITIES

ASSISTANCE FOR THE ELDERLY AND/OR THE NON-SELF-SUFFICIENT

Do you care for people who are elderly or not self-sufficient?

- Yes
- No

These people are

- Cohabitant
- Non-cohabitant

How are the responsibilities of assisting these people divided in the family?

a. Interviewee **b.** Spouse, companion **c.** Cohabitant family (specify) **d.** Others

1. Domestic worker/caregiver **2.** Others (specifica)

	a.	b.	c.	d.
Personal assistance (hygiene, assistance in dressing)				1 2 _____
Management and care of the house (if it is no longer inhabited or if it regards a non-cohabitant)				1 2 _____
Preparation and administration of meals				1 2 _____
Accompaniment to appointments, making purchases, and to offices				1 2 _____

CONCILIATION TOOLS AND SERVICES FOR PEOPLE

Which of these do you know, and which of them have you used? [List here existing reconciliation tools, e.g. rules on parental leave, rules on benefits for caregiving, for the unemployed, for large families, for children, scholarships, ...]

	I know it		I've used it	
	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> No
Tool 1	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> No
Tool 2	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> No
etc...	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> Yes	<input type="radio"/> No